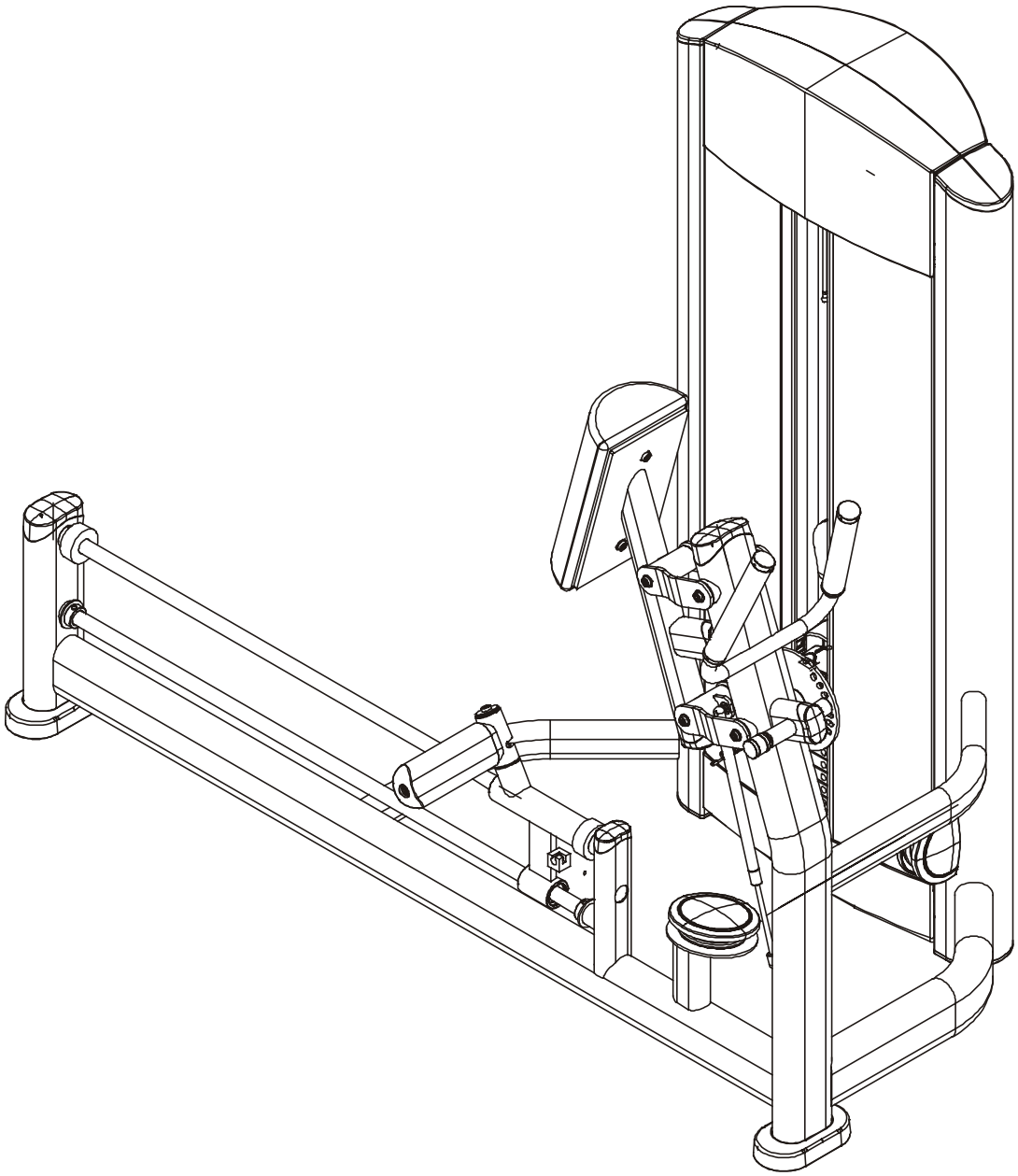
LifeFitness

SIGNATURE SERIES
FZGL- GLUTE ASSEMBLY



Customer Support Services
PARTS MANUAL

FZGL - GLUTE ASSEMBLY

Notes:

FZGL - GLUTE ASSEMBLY
Contents

PAGE

COMPONENT ASSEMBLY....4

COMPONENT ASSEMBLY CALLOUTS....5

TOWER ASSEMBLY....6

MID TOWER ASSEMBLY....7

WEIGHT STACK ASSEMBLY....8

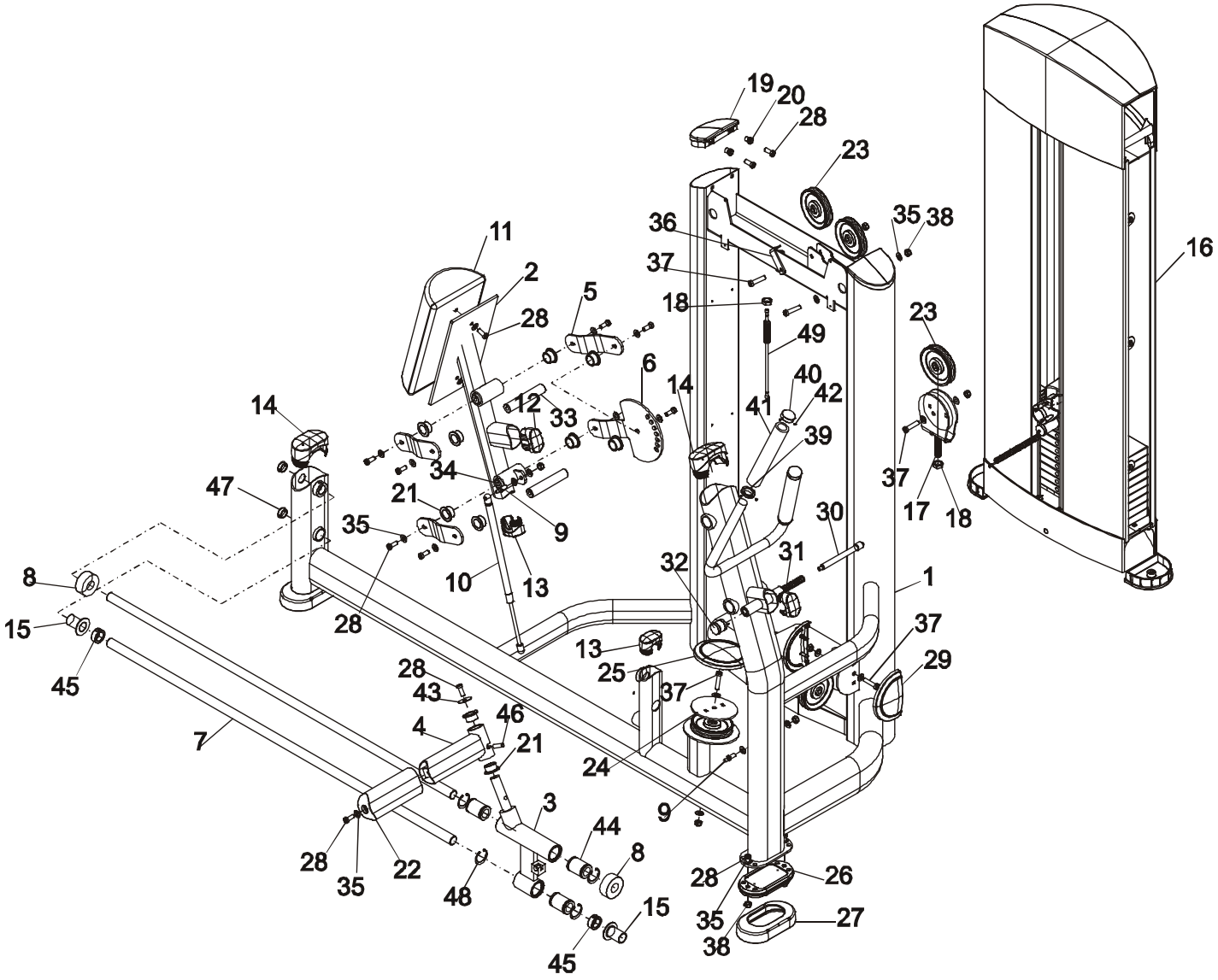
5 LBS INCREMENT WEIGHT....9

10 LBS INCREMENT WEIGHT....10

15 LBS INCREMENT WEIGHT....11

FZGL - GLUTE ASSEMBLY

COMPONENT ASSEMBLY



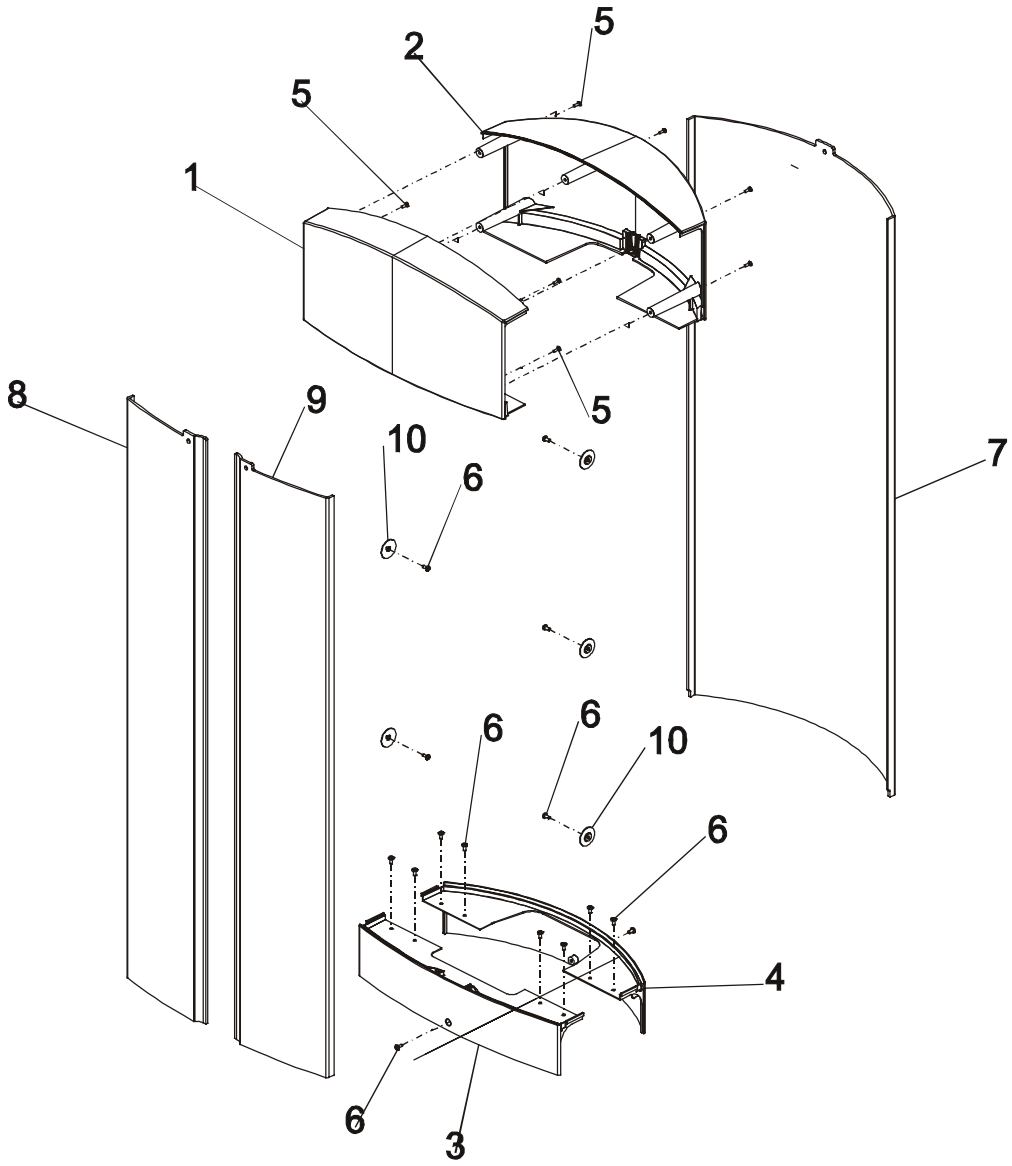
FZGL - GLUTE ASSEMBLY

COMPONENT ASSEMBLY CALLOUTS

ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	RMA	WLDMT, FZGL FRAME
2	1	7619401	WLDMT, FZGL CHEST SUPPORT
3	1	7619901	WLDMT, FZGL CART
4	1	7620401	WLDMT, FZGL FOOT BAR
5	3	7620701	BRKT, FZGL PIVOT LINK
6	1	7620801	BRKT, FZGL PIVOT ADJ LINK
7	2	7619801	GUIDE ROD, 1" DIA CASE HARDNED X 52"
8	2	3108001	CUSHION, WEIGHT STACK
9	2	7414301	STUD, M10 BALL END M10 X 1.5
10	1	3235702	SPRING, GAS 100N
11	1	7626401	PAD, LUMBAR, NO BACKER
12	1	7317901	STOP, BUMPER
13	3	7333801	CAP, SMALL FLOV- END
14	2	7333901	CAP, LARGE FLOV- END
15	2	6714901	BUSHING, GUIDE ROD 1 ID X 2
16	1	7420301	ASSY, MID TOWER-9
17	1	7625001	WLDMT, FZ WT STK PULLEY BRKT
18	2	3236902	NUT, M16 X 2 HEX JAM SS
19	2	7326201	CAP, D-TUBE - TOP
20	4	3238601	M10X1.5 BLIND THREADED INSERT (HEX)
21	10	3104903	1.00" ID 1.25" OD BRONZ BUSHING
22	1	7620901	SLEEVE, 1.63 X 2.75 FLOV
23	5	3237801	PULLEY, 4.5" OD
24	1	7318201	PLATE, PULLEY
25	1	7333701	COVER, PULLEY- FLUSH
26	2	7334001	FOOT, 2.50 X 4.49 FLOV
27	2	7340201	COVER, FOOT - STRAIGHT
28	20	3236202	SCREW, M10 X1.5 25MM
29	2	7333601	COVER, PULLEY- PARTIAL
30	1	7425102	PIN, PULL X 6.75
31	1	7351501	SPRING; PULL PIN LARGE
32	1	7424801	KNOB, POP PIN
33	2	7324902	SHAFT, TAPPED 1 DIA X 5.330
34	2	7324904	SHAFT, TAPPED 1 DIA X 3.580
35	27	3236601	WASHER, 3/8 SAE SS
36	1	6757701	CLIP, CABLE 2-7/8 X 1 X 1
37	5	3236206	SCREW, M10 X1.5 45MM
38	11	3236801	NUT, M10 HEX NYLOCK SS
39	2	7315602	RING, GRIP
40	2	7306902	RING, GRIP 1.50 OD
41	2	3235802	GRIP, SHADOW GRAY, 8.00"
42	8	3237201	M3 X .5 HXS NO CUP ST BO
43	1	3236701	WASHER, FENDER 3/8" ID X 1.5" OD SS
44	3	3245601	BEARING, LINEAR 1" ID
45	2	7435301	1" ID SHAFT COLLAR BORED .020
46	1	3110004	ROLL PIN
47	2	3237403	PLUG, 1" HOLE
48	4	3202601	RETAINER
49	1	7423719	CABLE, FZGL

FZGL - GLUTE ASSEMBLY

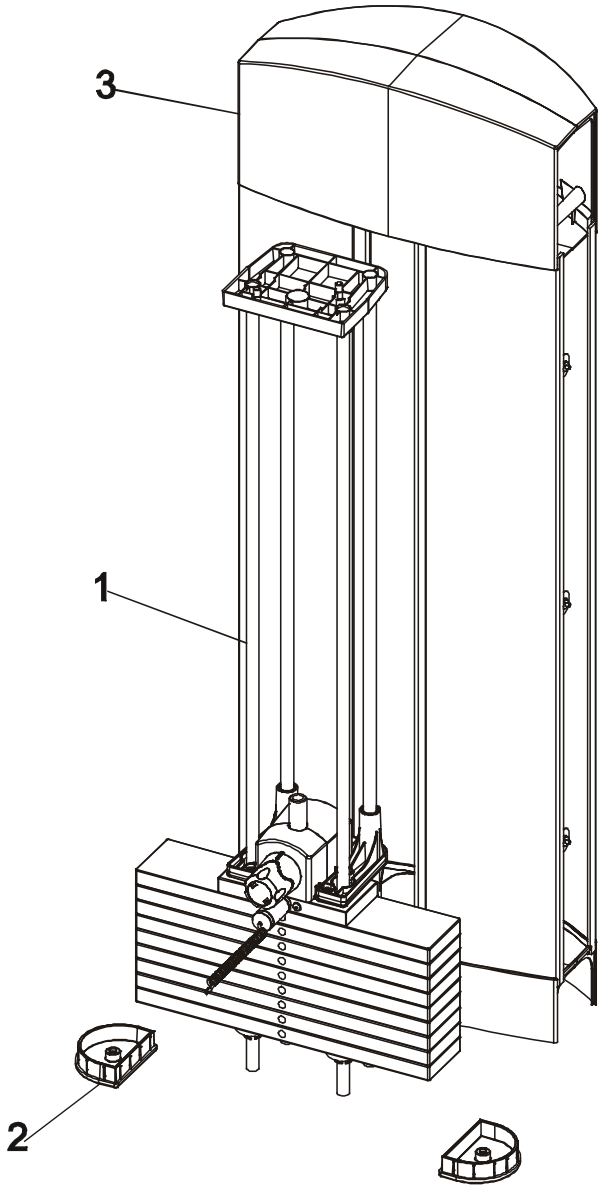
TOWER ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7318601	COVER, TOWER- TOP FRONT
2	1	7318701	COVER, TOWER- TOP REAR
3	1	7318801	COVER, TOWER- BOTTOM FRONT
4	1	7318901	COVER, TOWER- BOTTOM REAR
5	9	3236501	M4 X 0.7 PHL PAN MS ST ZN
6	16	3239101	SCREW, M5X10 PHL PAN TT ST
7	1	7318301	SHROUD, TOWER- REAR SHORT
8	1	7318401	SHROUD, TOWER- FRT SHORT RH
9	1	7318402	SHROUD, TOWER- FRT SHORT LH
10	6	7583501	RETAINER, FZ SHROUD

FZGL - GLUTE ASSEMBLY

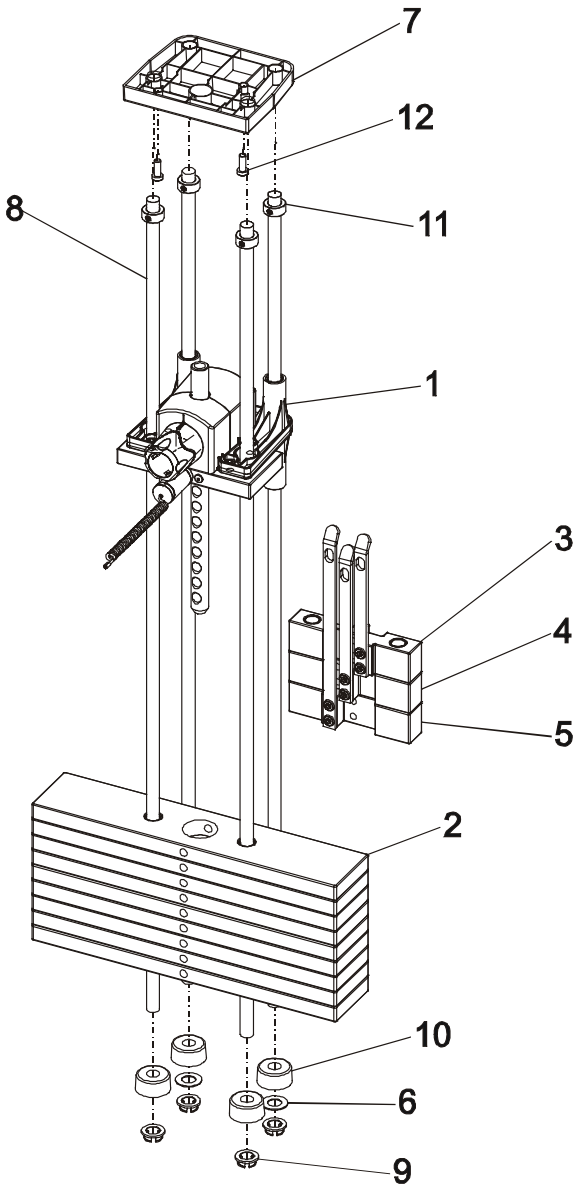
MID TOWER ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7420001	ASSY, WEIGHT STACK MID-9
2	2	7326301	CAP, D-TUBE - BOTTOM
3	1	7419801	ASSY, TOWER PLASTICS - MID

FZGL - GLUTE ASSEMBLY

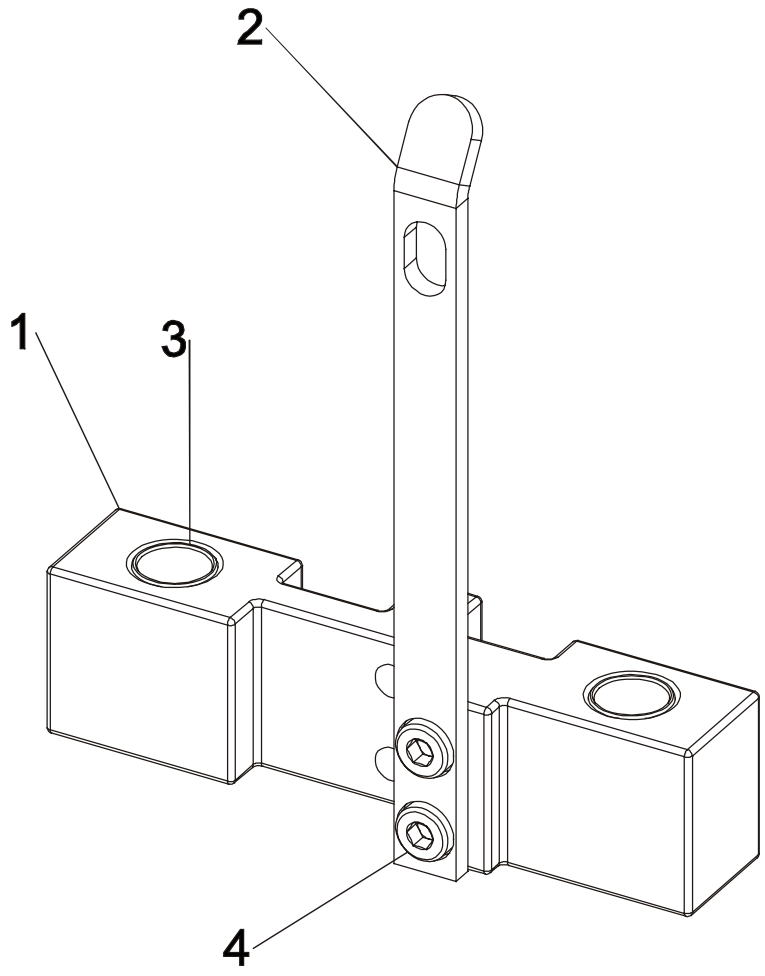
WEIGHT STACK ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7350601	ASSY, HEAD PLATE (9)
2	9	7328401	WEIGHT PLATE, 20 LB
3	1	7327601	ASSY, INCREMENT WT - 5 LB
4	1	7327701	ASSY, INCREMENT WT - 10 LB
5	1	7327801	ASSY, INCREMENT WT - 15 LB
6	2	7351001	SPACER, INC WT STACK
7	1	7357501	RETAINER, GUIDE ROD - TOP
8	4	7328602	GUIDE ROD, .75 OD SOLID 53.50
9	4	7337901	BUSHING, GUIDE ROD
10	4	7352101	CUSHION, WEIGHT STACK
11	4	3103301	SHAFT COLLAR, 3/4 I.D. ZINC
12	2	3236202	SCREW, M10 X1.5 25MM

FZGL - GLUTE ASSEMBLY

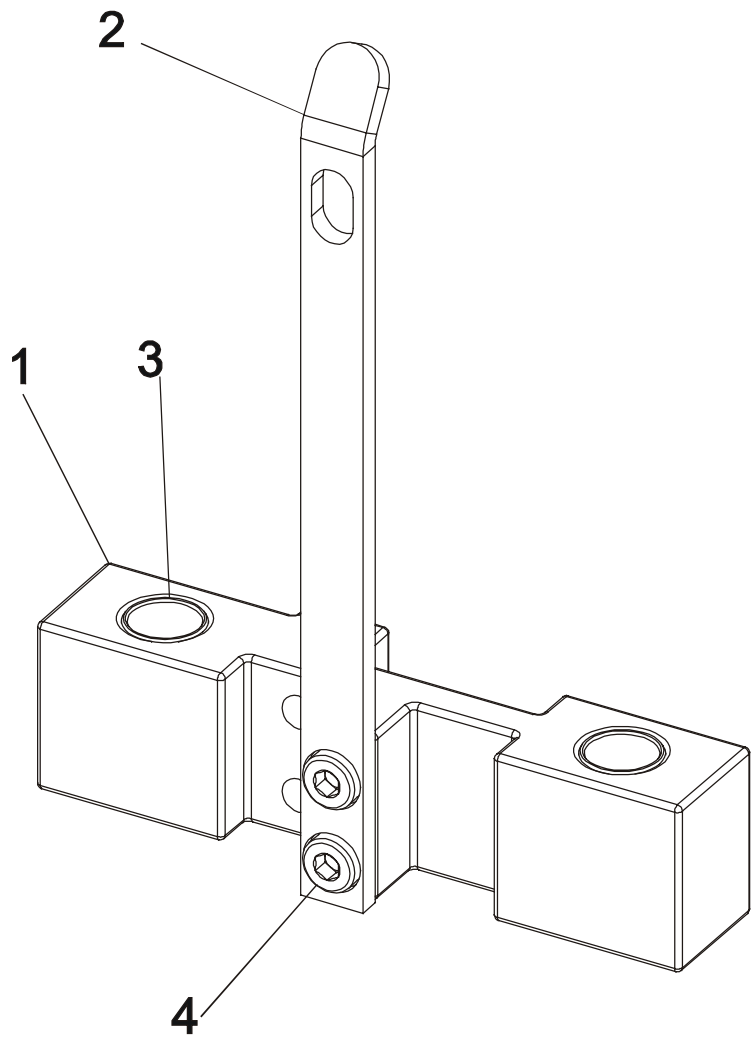
5 LBS INCREMENT WEIGHT



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7327901	INCREMENT WEIGHT, 5 LB
2	1	7328001	BRKT, INCREMENT WT - 5 LB
3	4	3202501	BEARING, SLEEVE 20 ID X 23.00 X 15 MM
4	2	3236202	SCREW, M10 X1.5 25MM

FZGL - GLUTE ASSEMBLY

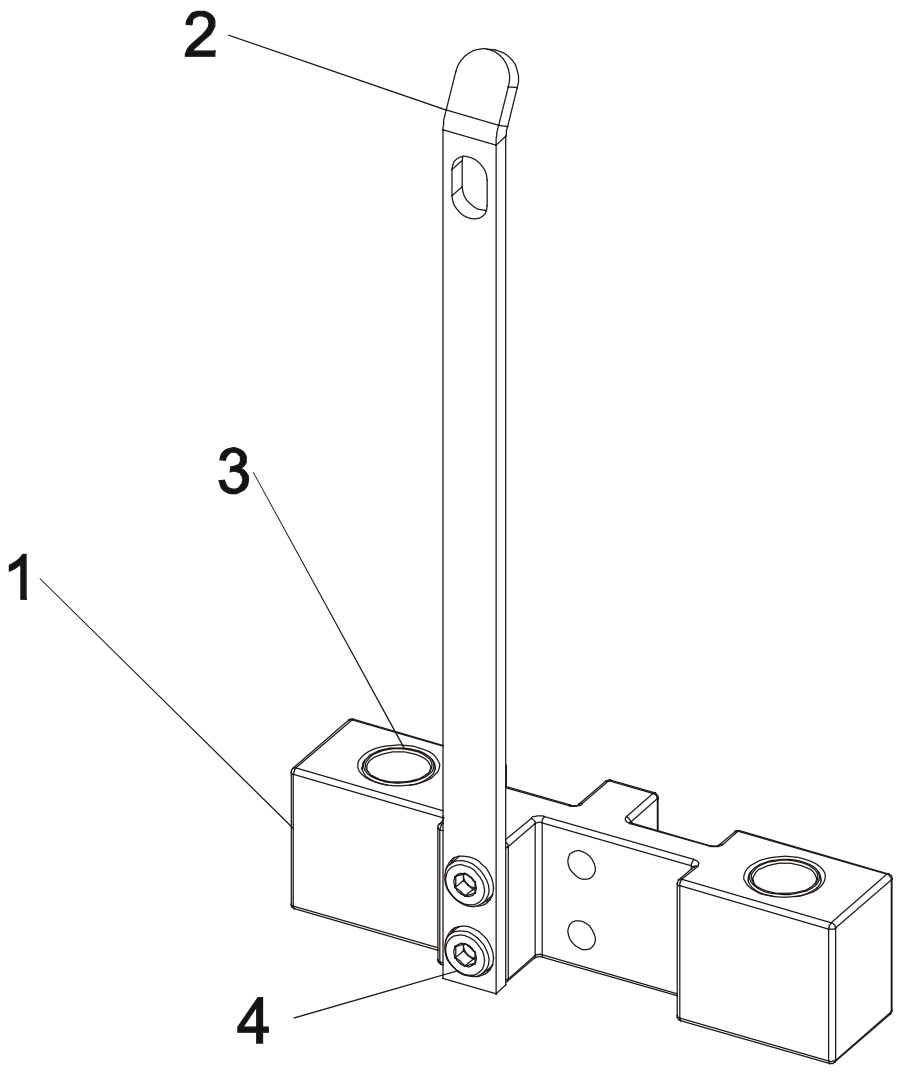
10 LBS INCREMENT WEIGHT



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7327901	INCREMENT WEIGHT, 5 LB
2	1	7328101	BRKT, INCREMENT WT - 10 LB
3	4	3202501	BEARING, SLEEVE 20 ID X 23.00 X 15 MM
4	2	3236202	SCREW, M10 X1.5 25MM

FZGL - GLUTE ASSEMBLY

15 LBS INCREMENT WEIGHT



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7327901	INCREMENT WEIGHT, 5 LB
2	1	7328201	BRKT, INCREMENT WT - 15 LB
3	4	3202501	BEARING, SLEEVE 20 ID X 23.00 X 15 MM
4	2	3236202	SCREW, M10 X1.5 25MM